



Being Inclusive

Text

Being inclusive means creating a welcoming environment where everyone feels comfortable.

It starts with asking people for their preferred name and pronouns.

- Calling someone by the name they wish to be called and using their correct pronouns shows that you are respectful of the other person and recognize them as an individual.

You want to make sure that everyone is included in the conversation and comfortable with the topic being discussed. People have different perspectives and experiences that influence how they interact with other people and topics.

Another aspect of being inclusive is to inquire with curiosity.

- Ask the other person or persons questions, but be respectful of their boundaries
- Allow the other person the opportunity to ask questions
- Practice active listening and use non-verbal cues (eye contact, nodding, etc) to show engagement

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